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How to do (and how not to do) fieldwork on Fair Trade and rural poverty

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How to do (and how not to do) fieldwork on Fair Trade and rural poverty
Christopher Cramer*, Deborah Johnston, Bernd Mueller, Carlos Oya and John Sender

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ABSTRACT The Fair Trade, Employment and Poverty Reduction (FTEPR) project investigated poverty dynamics in rural Ethiopia and Uganda. When designing fieldwork to capture poor people often missing from standard surveys, several methodological challenges were identified and, in response, four decisions were made. First, FTEPR focused on wage workers rather than farmers and improved on standard questionnaires when collecting labour market information. Second, researchers adopted contrastive venue-based sampling. Third, sampling was based on clearly identifiable “residential units” rather than unreliable official registers of “households”. Fourth, an economic definition of “household” was used rather than the more common definition based on residential criteria.

RÉSUMÉ Le projet Fair Trade, Employment and Poverty Reduction (FTEPR), qui portait sur la dynamique de la pauvreté dans les régions rurales d’Éthiopie et d’Uganda, a dû relever plusieurs défis pour rejoindre les personnes pauvres échappant aux enquêtes standardisées. Quatre décisions ont été prises à cet égard. Premièrement, le projet a mis l’accent sur les travailleurs salariés plutôt que sur les agriculteurs et il a amélioré les questionnaires habituellement utilisés pour recueillir de l’information sur les marchés du travail. Deuxièmement, il a adopté un plan d’échantillonnage raisonné des lieux d’enquête. Troisièmement, l’échantillonnage s’est basé sur des unités résidentielles facilement identifiables plutôt que sur les registres officiels des ménages qui sont peu fiables. Enfin, les ménages ont été définis en termes économiques plutôt qu’en fonction du lieu d’habitation.

Keywords: methodology; poverty; agriculture; labour markets; Africa

Introduction
Policy design and debate often draw on a combination of official or administrative data and on evidence generated by specific or one-off research projects. Bespoke data collection can be a cornerstone for policy: where there is limited official data or where the variables of interest are not routinely collected in official surveys. Further, the findings of microresearch can influence adjustments to the questionnaires used in official surveys. While the limitations of official data on employment and agriculture in Africa have been recognised for many years (Sender and Smith 1986, 100; Sender, Cramer, and Oya 2005; Oya 2013), the quality of project-specific fieldwork evidence is often ignored. Unfortunately, project-specific fieldwork can share many of the weaknesses of official data collection. This article describes the methods adopted for field research in the Fair Trade, Employment and Poverty Reduction in Ethiopia and Uganda project (FTEPR), funded by the UK Department for International Development.† Contrasting the FTEPR
methods with standard approaches to rural development economics research has broader implications for data use and policy debates.

This paper highlights four methodological contributions. First, in marked contrast to most rural surveys in Africa and to virtually all previous evaluations of Fair Trade schemes, FTEPR methods were designed specifically to collect evidence on wage workers rather than producers. It was necessary, therefore, to make an unusually sustained effort to uncover complex, irregular labour market activities, through repeated piloting of re-designed questionnaires and the (re)training of enumerators. Second, the project adopted a form of purposive contrastive venue-based sampling, with clear and transparent site selection criteria. Third, within the selected research sites, sampling procedures, aided by the use of GPS devices and handheld computers, were based on clearly identifiable “residential units” as opposed to “official” household registers. And, fourth, when constructing a household roster the research used an economic definition, discussed below, rather than the more common and often misleading residential criteria. The research method reported in this paper is based on a contrastive case study approach that provides a detailed rationale for the purposive selection of different research sites and that generates comparisons within as well as between sites. The purpose of the research itself was to assess the strength of mechanisms connecting agricultural commodity export production with the lives and prospects of poor rural people, particularly those involved in wage employment. Other publications will report on research findings.

One purpose of discussing the (soft and hard) technology used in this research is to advocate a very simple reform to the way that rural research on poverty is reported, recommending greater openness on how and why particular research sites are chosen and sampling methods adopted. It is suggested that this kind of microresearch may be an important complement to official census or “nationally representative” survey data, in part because it allows for a more precise focus of policy design on areas of specific socioeconomic dynamism and in part because it facilitates greater knowledge about the material conditions of poor people, often missing from official data.

Neglect of wage work in Fair Trade research

A recent review of research on Fair Trade and other ethical labels argues that field studies “lack a convincing and consistent methodology” (International Trade Centre 2011, 25). And Fair Trade is just one among many institutional forms of the broader phenomenon of agricultural exports, where it has been acknowledged that too little is known about the labour market and other transmission mechanisms linking agricultural commodity trade and poverty reduction. Collecting more evidence, specifically on complex rural labour markets, is therefore urgently required. The evidence needed is not available because almost all socioeconomic surveys in developing countries fail to capture data on the most vulnerable, poorly educated, casual and seasonal workers, especially temporary migrant workers (Sender, Cramer, and Oya 2005; Pincus and Sender 2008; Sender and von Uexkull 2009, 64–66).

The key aim of FTEPR research was to provide robust data on wage employment. In contrast, most Fair Trade research has concentrated on producers, idealised as small farm households using family labour to produce certified crops. One systematic review of the certification literature found that “most of the studies reviewed deal with the producer as a self-employed individual and with producer cooperatives” (International Trade Centre 2011, 19). The Fairtrade Foundation commissioned a survey of 33 case studies, which concluded that: “there is limited evidence of the impact on workers of participation in Fairtrade, and more research is required ...” (Nelson and Pound 2009, 35). A recent impact evaluation commissioned by the Fairtrade Foundation of certified smallholder banana organisations failed to obtain any data at all on workers hired by producers or their organisations in two of the three case studies (Smith 2010, 52). Other research on
the impact of Fair Trade certification, based on case studies of six rather successful small producer organisations, simply assumes that the landless, women and those with limited education do not benefit from and are “outside the dynamics of Fair Trade labelling” (Laroche and Guittard 2009, 34). The International Initiative for Impact Evaluation (3ie) highlights the problem that “many Fairtrade organisations ... establish a minimum price for producers but do not deal with the conditions of workers that the producers may employ” (3ie 2010, 2). A good and especially relevant example is Jena et al. (2012), whose study of the impact on poverty of coffee certification in Jimma Zone, Ethiopia, fails to examine wage employment and focuses solely on “smallholder farmers”.

Thus, the majority of these studies do not even attempt to construct samples of seasonal and permanent wage workers producing Fair Trade certified export commodities. On the rare occasions when wage workers are included in Fair Trade research, information on these workers is often collected from lists of wage workers provided, and sometimes selected, by employers or by officially sanctioned worker representatives (Barrientos and Smith 2006, 4; Omosa, Kimani, and Njiru 2006, 7; Klier and Possinger 2012; Ruben, Fort, and Zuniga n.d., 23). These lists may well be censored and are certainly unlikely to contain all casual workers, let alone recently dismissed or disgruntled workers. The other main information source is focus groups, with group participation guided by employers’ advice, or over-representing the leaders of the permanent workforce relative to the numbers of illiterate casual (female) wage workers. A convincing rationale for the selection of members of these focus groups is not usually provided (Pound and Phiri 2009).

The unrepresentative workers who appear on these lists or in these focus groups are, all too frequently, interviewed on their employer’s premises (Ewert, Martin, and Nelson 2005, 22–23; Barrientos et al. 2009, 27). Such interviews are unlikely to elicit reliable information; workers who are not interviewed in private and with firm assurances of confidentiality may go to great lengths to avoid the risk of being seen to offend dominant classes. In Nicaragua, for example, some workers for cooperative coffee processing mills were interviewed at their workplace and some while waiting for buses along the roads outside the mills. “Unsurprisingly, workers interviewed outside the mills were more critical of their working place than those interviewed inside. According to these workers, visitors often come to the mill to ask about their working conditions, but they are afraid to say anything negative for fear of losing their job” (Valkila and Nygren 2009, 5).

While rural wage work is commonplace, especially where high value exports are produced, the ideological and practical factors that tend to limit survey coverage of such workers suggest that rural casual wage workers should be regarded as a vulnerable, “hard-to-reach” or “hidden” population, excluded from many official statistical surveys and rural development programmes. Rigorous epidemiological research on similarly hard-to-reach populations, such as illegal migrants, refugees, commercial sex workers and other groups at high risk of HIV, offers valuable lessons for the design of surveys of rural labour markets in Africa. Indeed, the method adopted in FTEPR research shares many features with venue-based sampling, as developed by the US Centers for Disease Control and Prevention (Muhib et al. 2001; Vermund et al. 2010). As Landry and Shen (2005, 1) explain, excluded populations tend not to be missing at random, so that census or survey data is usually biased, “particularly with respect to minorities, immigrant groups, or the homeless”. The success of the venue-based method depends on the ability of researchers to triangulate limited quantitative data with ethnographic qualitative work to identify specific geographic areas (or “venues”) with a high density of the target population to be sampled (Singh and Clark 2012).

Combined with venue-based sampling, a key decision in this research, given the focus on wage employment, was to invest heavily in enumerator and supervisor training and to develop
a more complex questionnaire module on employment than is typical. Instead of using “main” and “secondary” employment categories, an employment matrix containing an exhaustive list of possible activities was developed and enumerators were also required to describe the full array of activities in different sections of the questionnaire, as well as to probe and repeat questions.

Selecting research sites

One unresolved issue in previous Fair Trade research concerns the criteria used in the selection of research sites. Certified or Fair Trade production takes place in very different contexts, with certified schemes varying, among other factors, in terms of the level of external subsidy they have received, the number of producers participating, the number of years of operation and the degree of financial viability. The range of rural areas participating in Fair Trade schemes (and therefore the range of possible research sites within a country) is very wide, but the reasons for deciding to focus fieldwork in a particular rural area, or on one particular group of certified producers, have rarely been explained in any detail.

For example, in one methodologically ambitious “quasi-experimental” study of the welfare impact of Fair Trade programmes, the only rationale for choosing producers is this brief statement: “The selection of FT organisations for the analysis has been conducted in coordination with Solidaridad” (Ruben, Fort, and Zúñiga-Arias 2009; Ruben, Fort, and Zuniga n.d., 17). The study of smallholder banana producer organisations, mentioned above, was carried out in three countries, but provided little discussion of the choice of smallholder organisations or the country context (Smith 2010, 28). Nevertheless, this “Global Assessment of Impact” study did acknowledge that one very important country producing Fair Trade bananas (Colombia) had been excluded for some unstated reason, and that the three banana plantations selected were not at all representative of the majority of Fair Trade certified plantations (Smith 2010, 33). In particular, two of the smallholder case studies involved organisations that were “larger, more sophisticated and/or more supported by external partners” than other Fair Trade organisations. Further, all three banana case studies were also unrepresentative of the majority of Fair Trade producers in that they sold almost their entire output to the Fair Trade market (Smith 2010, 138).

These problems are shared by much economic research in poor rural areas. For example, the most influential rural surveys conducted in Ethiopia in recent decades have made little effort to justify their selection of sample sites. Debates on rural poverty in Ethiopia very often cite the results of the Ethiopian Rural Household Surveys 1989–2004 (ERHS). These surveys selected only 15 (out of more than 20,000) kebeles in Ethiopia as the sites for data collection. The rationale provided for the selection of these kebeles is confusing: initially some were chosen on the grounds that they were typical (in some undefined sense) of areas affected by the 1984–1985 famine; additional kebeles were later selected “to account for the diversity of the farming systems in the country”, and it was then claimed that the households in the survey were “broadly representative of households in non-pastoralist farming systems as of 1994” (Dercon and Hoddinott 2009, 6–8). However, 18 agro-ecological zones have been defined for Ethiopia (CSA 2006, 16) and within each of these zones there are many hundreds of kebeles that could have been alternatively selected as research sites. The reasons for selecting the 15 particular kebeles that continue to be the focus of so much research are not discussed. There were plans to study exactly the same 15 kebeles in 2010, not on the old grounds that they are representative of agro-ecological zones, but because they “fall into five main livelihood categories of broad relevance for policy” (Bevan 2009, 14). However, no less than 175 extremely diverse “livelihood zones” have been identified and mapped in Ethiopia (LIU 2011). The 15 kebeles selected for the ERHS obviously provide a limited coverage of this wide range of livelihood categories
(LIU 2011, 121). The claimed policy relevance of the selected sites is also questionable; they certainly cannot be useful to illuminate some key economic policy debates – about floriculture, coffee or foreign exchange availability, for example – since they do not represent key areas characterised by agricultural export production. By contrast, a much more transparent discussion of the choice of rural research sites for another longitudinal survey in Ethiopia notes that: “budgeting constraints and concerns regarding the long-term sustainability of the study meant that the rural sites selected were located in relatively better accessible areas. This is likely to have resulted in (surveyed) rural households being located in wealthier sites than the typical Ethiopian rural household” (Outes-Leon and Sanchez 2008, 4).

The choice of fieldwork site may be expedient and more or less defensible. For example, an authoritarian ruling political party or the Fair Trade certifying body or manipulative cooperative union officials may have preselected the area for researchers, discouraging research in other areas; there may be insufficient research funding to travel to more distant research sites; record keeping may be weak at other sites, or production volumes erratic; or local managers and state officials may welcome (or refuse) visits from outsiders. These types of practical consideration will always play a role, but it is difficult to make a judgement about the meaning of research results without a detailed discussion of the reasons for the selection of research sites. It is necessary to weigh up and balance complex information about potential sites, since sampling will have little credibility if it appears to have been ad hoc or arbitrary (Wilson, Huttly, and Fenn 2006). There is, therefore, a strong case for more detailed discussions than are typical of the rationale for and methods of site selection in research projects.

The purposive selection of subsites in the FTEPR was motivated by an aim to understand complex mechanisms and to accumulate new knowledge about rural development processes through old-fashioned theoretically motivated descriptive research. Such methods have been favourably compared to more fashionable “quasi-experimental” methods promoted by “randomistas” – the advocates of randomised control trials (Deaton 2010). Deaton’s argument is that it is far more important to achieve an improved understanding of how (through what mechanisms), for whom (which specific population groups) or why the production of export commodities might influence rural poverty, rather than to answer the narrow question of whether or not significant poverty reduction has been achieved on “average” in the “treatment” (the Fair Trade certified) group. Further, a contrastive case study strategy does not have to make over-ambitious claims to establish “control” groups, emphasising rather the complexity and flux within specific rural populations and research sites. A contrastive case study approach can more easily explore and highlight the distributive implications of different institutional arrangements for agricultural export production (for example) than the “randomista” effort to isolate average “treatment” effects.

One principle of site selection – though not the only justifiable one – is that of contrastive case studies. The point of contrastive research is to explore the factors responsible for differences between phenomena in conditions with some common features: first, to establish whether there are contrasts, and what they are (between Fair Trade and non-Fair Trade crop production, or between Fair Trade production and labour in coffee versus flowers, for example); and, second, to try to explain some of these differences (Lawson 2003). FTEPR research adopted a contrastive approach to studying rural employment and poverty dynamics in two very poor sub-Saharan African countries, based on a theoretical interest in the impact of small- and large-scale export crop production certified and non-certified production, and production of different commodities.

A decision was taken to select two commodities in each country, allowing for further contrasts within and – in the case of one commodity – across the two countries. Thus, coffee and flower production in Ethiopia and coffee and tea production in Uganda were chosen for reasons including: the macro-economic importance of at least two of these commodities in Ethiopia and Uganda;
the labour-intensity and contribution to employment of all these commodities; the relatively long history of Fair Trade and other certification schemes for these commodities; the dramatic contrast between the dynamism of floriculture in Ethiopia and the relative stagnation in the production of both coffee and tea in Uganda and in the production of coffee in Ethiopia; and the opportunity to contrast techniques of *arabica* production (Ethiopia) with those of *robusta* production (Uganda).

Briefly explaining some of the decisions taken in the FTEPR research project helps to illustrate the purposive research site selection method. The contrastive objectives implied that it would be useful to identify several of the most important agricultural commodity exporting sites in each country. As a general rule, within each sample category (certified/non-certified, small-scale/large-scale production) an effort was made to identify cases exemplifying the “best” producing sites in terms of reputation for quality and technological dynamism, in order to achieve consistency in contrastive exploration. Table 1 indicates the degree to which the objective of studying certified and non-certified production on large- and small-scale farms could be combined in each country. As can be seen, it was impossible to identify appropriate research sites to complete all of the cells of the simple matrix in Table 1 because, for example, there are no small-scale Fair Trade certified floricultural enterprises in Ethiopia and no large-scale Fair Trade certified coffee estates in either country. This was one reason for the selection of only six research sites in each country, although the constraints imposed by the FTEPR budget also limited the total number of sites. There are clearly difficulties involved in this approach. It may be difficult, for example, to attribute outcomes to certification as opposed to scale. These challenges may in part be addressed through the detailed evidence and, especially, the qualitative research which was conducted to complement the quantitative survey.

Within the boundaries of each of these 12 research sites, it was possible to achieve additional variation, that is, to identify further contrastive opportunities by careful selection of heterogeneous subsites or “venues”, for sampling. For example, some export production subsites are in rural areas of very recent settlement and others in areas where people have been living for many years.

Selecting research subsites and sampling

Beyond the choice of sites, there are important methodological challenges in sampling in order to capture some dynamics of poverty and employment that tend to be disregarded by much socio-economic research. Pragmatic as well as methodological concerns influence sample size.

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Table 1. Research site selection in Ethiopia and Uganda.

<table>
<thead>
<tr>
<th></th>
<th>Floriculture</th>
<th></th>
<th>Coffee</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Large-scale</td>
<td>Small-scale</td>
<td>Large-scale</td>
<td>Small-scale</td>
</tr>
<tr>
<td>Ethiopia</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fair Trade</td>
<td>Tefki</td>
<td>n.a.</td>
<td>n.a.</td>
<td>Ferro</td>
</tr>
<tr>
<td>Non-Fair Trade</td>
<td>Ziway</td>
<td>Holeta</td>
<td>Limu-Kossa</td>
<td>Kochera</td>
</tr>
<tr>
<td>Uganda</td>
<td>Tea</td>
<td></td>
<td>Coffee</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Large-scale</td>
<td>Small-scale</td>
<td>Large-scale</td>
<td>Small-scale</td>
</tr>
<tr>
<td>Fair Trade</td>
<td>n.a.</td>
<td>Mpenga</td>
<td>n.a.</td>
<td>Ishaka</td>
</tr>
<tr>
<td>Non-Fair Trade</td>
<td>Ankole</td>
<td>Kabale</td>
<td>Kaweri</td>
<td>Masaka</td>
</tr>
</tbody>
</table>

Note: “The names in this table refer to local town and area names.
Sampling procedures may then depend on how important it is to capture variations within sites and among subgroups in a population. Some over-sampling may be required to capture people typically ignored in socioeconomic research and to gather evidence on, for example, the heterogeneity of poor rural wage workers. Here over-sampling meant stratified non-proportional sampling. Specific examples of the application of these methodological principles are discussed in more detail below.

For most researchers, practical constraints, including budget limitations, will combine with methodological principles and research objectives to shape samples. The budget for fieldwork was one of the determinants of the overall FTEPR sample size. It was calculated that the first-round quantitative survey could only afford to interview approximately 750 individual respondents, equivalent to about 120 respondents per site, in each country. Since comparisons between sites are an extremely important part of the FTEPR analysis, there were good arguments for achieving a roughly equal sample size in each site, also considering possible variation within sites (Wilson, Huttly, and Fenn 2006, 357–358).

The random sample at each purposively chosen site was large enough to be statistically representative of all female and male adults – aged 14 years or older – resident in the research subsite areas (see Table 2). However, the total sample at each research site was also designed to oversample those adults whose experience has been neglected in previous surveys but is most relevant to FTEPR research – namely, casual wage workers producing the relevant export crop. Qualitative evidence from scoping trips in the preselected sites confirmed that wage workers were a

<table>
<thead>
<tr>
<th>Survey phase</th>
<th>Units measured</th>
<th>ET floriculture</th>
<th>ET coffee</th>
<th>UG tea</th>
<th>UG coffee</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phase 1</td>
<td>Total number of GPS-registered RUs</td>
<td>2280</td>
<td>2813</td>
<td>1350</td>
<td>1906</td>
<td>8349</td>
</tr>
<tr>
<td>Phase 2</td>
<td>Number of RUs in quasi-census</td>
<td>1066</td>
<td>1678</td>
<td>890</td>
<td>1380</td>
<td>5014</td>
</tr>
<tr>
<td>Phase 3</td>
<td>Number of individuals living in these RUs</td>
<td>2358</td>
<td>4721</td>
<td>2014</td>
<td>2765</td>
<td>11858</td>
</tr>
<tr>
<td>Phase 3</td>
<td>Sample size of quasi-census (% of total RUs)</td>
<td>46.8%</td>
<td>59.7%</td>
<td>65.9%</td>
<td>72.4%</td>
<td>60.1%</td>
</tr>
<tr>
<td>Phase 3</td>
<td>Average number of adults per RU</td>
<td>2.21</td>
<td>2.81</td>
<td>2.26</td>
<td>2.00</td>
<td>2.4</td>
</tr>
<tr>
<td>Phase 3</td>
<td>Extrapolated number of adults in all sites</td>
<td>5043</td>
<td>7914</td>
<td>3055</td>
<td>3819</td>
<td>19745</td>
</tr>
<tr>
<td>Phase 3</td>
<td>Total number of individuals interviewed</td>
<td>356</td>
<td>572</td>
<td>343</td>
<td>439</td>
<td>1710</td>
</tr>
<tr>
<td>Phase 3</td>
<td>Estimated % of total population interviewed</td>
<td>7.1%</td>
<td>7.2%</td>
<td>11.2%</td>
<td>11.5%</td>
<td>8.7%</td>
</tr>
</tbody>
</table>

Note: This table uses the following acronyms:
ET: Ethiopia
FTEPRP: Fair Trade, Employment and Poverty Reduction project, supported by the UK Department for International Development
GPS: Global Positioning System
PDA: personal digital assistant (handheld computer)
RU: residential unit
UG: Uganda

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heterogeneous group. Thus, it was considered necessary to create a large enough subsample of wage workers to be able to account for variation and allow comparisons. In other words, selective over-sampling reflected the priority given to comparisons among different groups of wage workers. Since the overall site samples were designed to be large enough in absolute terms to be representative of the local adult population, they include and allow for comparisons with both male and female non-wage workers. Moreover, the data from the sampling frame that was constructed in each site also allow for the application of sampling weights whenever inference is designed to apply to the whole population in each site.

In addition, the total sample at each research site was designed to ensure some variation in the characteristics of respondents, mainly through the choice of analytically relevant subsites. Several days of qualitative research and discussions with key informants living in each research site provided sufficient information to identify subsites (venues) where there was a relative concentration of residential units (RUs) housing wage workers. For example, in Ziway two distinctive subsites were selected, both of which contain a large proportion of lower wage workers. The first was in a well-established part of Ziway town, where most residents originated from Ziway or its immediate surroundings. The other subsite was a very new neighbourhood on the border of the rapidly growing town. This is the area where most newly-arriving migrant workers settle, many of them originating from the Southern Nations, Nationalities and People’s Region (SNNPR) of Ethiopia. Exclusively sampling in only one of the two venues would have resulted in the virtual exclusion of either group of core respondents.

The point is that each sampling site is likely to contain quite distinct subsites, because rural areas are rarely homogeneous. Through random sampling in several contrasting, purposively selected subsites it was possible to achieve much more heterogeneous samples — samples that included non-wage workers, non-migrant and food crop wage workers, females, more highly paid, and permanent wage workers, for example. The analysis could thus be based on comparisons of data on very different types of local people, leading to a better understanding of the complex determinants of rural welfare.

Official household surveys in Ethiopia and Uganda are based on samples drawn from lists of rural households provided by village-level authorities. Officially maintained registers of “households” are often used as the basis for the distribution of scarce resources such as food aid, or subsidised agricultural inputs and credit; thus rural elites are likely to have good reasons for selective editing of the names appearing on lists of potential beneficiaries. Moreover, fieldwork experience in these two countries, as well as elsewhere in Africa, indicates that these lists are frequently unreliable because, apart from excluding marginalised people who have encroached as squatters and all those living in arrangements that do not correspond to standardised households, the lists are not sufficiently up-to-date to include all newly arrived (or departed) residents.

Handheld computers with global positioning devices allowed FTEPR researchers to obtain sampling lists more accurate than the official registers. The qualitative work discussed above helped identify various subsites. A boundary was drawn around each research subsite with the aid of waypoints defined by the GPS unit. The process of listing residential units started with a complete enumeration (census) by the research officer and a field supervisor of all the RUs observed within the subsite boundaries. An RU was defined as any structure in which at least one person was sleeping. Special care was taken by these senior and experienced members of the research team to record the precise GPS location and to assign an identifier to each RU, including non-conventional RUs such as temporary shacks and the doors of rented rooms where groups of migrants were sleeping. The complete census of a subsite could be accomplished fairly rapidly, since it involved walking up to the door of each RU and entering its position on the handheld computer (personal digital assistant, or PDA). Once the preliminary residential census had been completed, field teams constructed a more detailed and up-to-date sampling frame of all...
adult potential respondents living in RUs in the research subsite by conducting a PDA-facilitated survey that included a small number of questions, designed to stratify the selection of respondents for the main paper-based interview.

A high proportion of RUs – between 45 and 100 per cent of the total number of RUs identified in the census – were then randomly selected for the next phase of the sampling procedure, using software installed on the PDA. Enumerators were sent to each of the randomly selected RUs (or to all of the RUs19) to make contact with any willing adult who had slept in the RU on the previous night. It was usually easy, with the aid of the GPS device and the locations recorded in the census, for enumerators to find these randomly selected RUs and a willing respondent. The interviews were completed electronically, using a short questionnaire installed on the PDA. The PDA survey, equivalent to a quasi-census given the large samples involved, was used to build the final sampling frame for each subsite.

The key information used to define strata for the final sample of adults concerned labour market participation and migration. For example, adults could be classified into the following strata: “never worked for wages”; “currently working for (a named certified or non-certified export crop enterprise)”; “currently working for wages for another farm”; “currently working for wages for an export crop processing factory”; or “recent migrant”.20 It was easy to confirm that the final sample was representative of the large population of adults from which it was drawn – in the sense that the gender, mean age and education of the sample respondents generally closely matched the gender, mean age and education recorded in the population lists. This congruence was expected, since rather high percentages of the individuals in all the strata on the population list were sampled.

Finally, GPS identifiers helped enumerators to locate the individuals selected for the sample and to locate respondents randomly selected as substitutes by the research officer in case the individual originally selected could not be found or did not consent to the interview.21

Defining the members of a “household” roster

Official data often import assumptions built into common definitions of “the household”. But researchers must decide how to define a household and be clear about the implications of such definitions. Here the FTEPR project eschewed the misleading and narrow criteria used by many other studies, in favour of an approach that allowed the linkages between geographically distant individuals to be better understood. Almost all socioeconomic surveys in developing countries fail to capture data on the most vulnerable, poorly educated, casual and seasonal workers, especially temporary migrant workers.22 One reason for this failure is that the most influential of these surveys, the Living Standards Measurement-type household surveys (LSMS) promoted and funded by the World Bank throughout the developing world, rely on an a priori standardised, narrow and inappropriate definition of “the household” and its “residents”. So, in both Ethiopia and Uganda, the Rural Household Surveys and the National Household Surveys fail to collect detailed information from “non-residents” concerning migration episodes in search of wage employment.23 Important groups of vulnerable wage workers, especially those engaged in seasonal, casual and low-paid jobs outside major urban centres, are frequently not “resident” in households. They live and work for long periods in hostels, labour camps, barracks, construction sites and illegal squatter settlements, or they have been given some space to sleep at their workplace during the harvest season, or while working as domestic servants. These are the “nowhere people”, the uncounted flocks of footloose migrants who “drift in and out of temporary worksites” (Breman 2010, 135). Such migrant workers remit part of their wage earnings to other individuals and these remittances are usually recorded in the LSMS Surveys covering the recipients’ households. Unfortunately these wage earnings are not classified as wage income in the
receiving households, leading to a serious underestimate of the degree to which poor rural households depend on income derived from wage employment.

FTEPR enumerators completed a long, paper-based questionnaire that provided information not only about the selected individual respondent, but also about a large number of other individuals to whom the respondent was “economically linked”. The concept of a roster of economically linked individuals replaces the more conventional concept of a “household roster” (based on residential criteria), providing additional and extremely useful information on labour market participation and the other characteristics of individuals usually considered “absent” and therefore irrelevant to an analysis of the welfare of rural populations. The problems and associated “myths” surrounding the use of conventional (residential) definitions of the household in rural surveys in Africa have been subjected to extensive debate and criticism (Guyer and Peters 1987; O’Laughlin 1995; Adato, Lund, and Mhlango 2007; Akresh and Edmonds 2010). Randall, Coast and Leone (2011, 217) point out that, despite widespread international endorsement of the importance of household surveys as providers of data for development planning, “little attention has been paid to the issue of what ‘household’ means in these surveys: how it is defined for data collection purposes and what the definition implies for the analysis and interpretation of results”. There are challenges in using a more realistic definition of economic households, but these are far outweighed by the benefits of not missing relevant linked members and therefore achieving a more solid basis for understanding individual and household welfare.

In selecting the FTEPR respondent, it was not necessary to identify or define a “household head”, and the selected respondent was asked many detailed, repeated and probing questions about their own experience in the labour market. The acknowledged unreliability of standard Household Surveys as sources of accurate labour market data stems partly from reliance on proxy respondents (such as the household “head”), partly from insufficient attention to the structure, order and wording of the questions on employment and partly from the brevity of the labour market module in these questionnaires (Bardasi et al. 2011). FTEPR made great efforts to overcome these sources of error, including a protracted effort to train and retrain enumerators to avoid gender stereotypes, the mechanistic application of either the standard international classifications of labour market activities and the assumptions of local urban elites about these activities.

Conclusion

This paper has made it clear how fragile the methodological foundations of many rural socio-economic studies are, especially perhaps those that study the impact of Fair Trade. Lack of clarity about research site selection and ill-considered sampling methods are often compounded by ideological blind spots. It is to highlight the significance of these methodological weaknesses and to begin to address them that this paper has summarised the fieldwork methods designed for the FTEPR research. Aside from the aim of ensuring that different types of rural wage workers were included along with non-wage workers, three further methodological choices with broad relevance have been highlighted: a site selection protocol allowing for contrastive explanation; the construction of accurate and up-to-date household lists using GPS technology; and an approach to household membership that emphasises economic linkages rather than short-term residence criteria. The hope is that this generates more accurate evidence on the large number of “hidden” wage workers in rural Africa. Jerven (2013) has shown how choice of base year, somewhat arbitrary ideas about rural economies and choices about what economic activity to include and exclude have had profound effects on African national accounts data. Further debate on methods and assumptions underpinning micro-level economic research in Africa can also help to provide new and fuller information about people frequently missing from national statistics.
and about the complexity of their labour market activities. This, it is hoped, provides a firmer foundation for policy design. Aside from the advantages conferred by new technology, FTEPR has also argued for greater transparency and clarity in presenting the choices made in fieldwork – and this applies as much to project-related data as it does to official data sets.

**Biographical notes**

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**Notes**

1. Fair Trade, Employment and Poverty Reduction in Ethiopia and Uganda was a four-year research project (2009–2013) funded by the UK’s Department for International Development (DFID); see http://www.ftepr.org/
2. Venue-based sampling is a method developed by the US Centers for Disease Control and Prevention (Muhib et al. 2001; Vermund et al. 2010), among others.
4. The *World Development Report 2008* emphasised, for example, that “stunningly little policy attention has been given to the structure, conduct and performance of rural labour markets and how they ease successful transitions out of agriculture” (World Bank 2007, 221).
5. On the poor coverage of rural wage employment in commonly cited Ethiopian surveys, see specifically Rizzo (2011). The more general point has been made that “in much of the development literature on pro-poor growth nowadays, little or no attention is paid to the underlying mechanisms that determine the dynamics of income … specifically, the dynamics of employment growth and of how and to what extent productivity growth translates into the growth in labour earnings is left out of the equation” (Wuyts 2011, 10). Similarly, Amsden (2010, 57) points out: “Despite championing the cause of poor people around the world, and dramatising the human condition, the United Nations’ Millennium Development Goals make not the slightest mention of employment generation as a means to battle poverty.”
6. Important exceptions to this neglect of wage workers include research by Valkila and Nygren (2009), Luetchford (2008), Maertens and Swinnen (2012) and Maertens, Colen and Swinnen (2011).
7. FTEPR fieldwork highlighted precisely that employers, who have close ties to local officials, are keen to avoid situations where their workers have the freedom to engage independently and privately with researchers. Local security officials and the police in one fieldwork site detained research assistants for several hours and lectured the senior researchers on “proper” research methods, which included asking “the owner” of a large agro-export (multinational) business to select workers and then interviewing only the selected workers at the workplace.
8. A more recent attempt to assess the impact of Fair Trade on poverty reduction also depended upon the Fair Trade organisations funding the research to select the research sites and the producers organisations to be studied (Klier and Possinger 2012, 4).

9. In Ethiopia, the kebele is the smallest administrative unit. It is broadly comparable to a ward.

10. A similar claim was made concerning the choice of the 36 villages surveyed in an influential study of poverty in rural Uganda: “The selected villages represent quite well the considerable diversity that exists within the two selected regions.” However, the researchers make it clear that the actual choice of villages was heavily influenced by the wishes of district-level bureaucrats; the measures, or the relevance to issues of poverty, of the indicators of “diversity” are not discussed (Krishna et al. 2006). Another study in four districts of rural Uganda (of coffee producers) sampled only those producers appearing in the Uganda National Household Survey (UNHS). Unfortunately, the UNHS was not designed to be representative of coffee producers (or of households in each district), so that the sample cannot be considered representative of robusta producers in the districts concerned, let alone of coffee producers in Uganda as a whole. This fundamental problem did not prevent the World Bank-funded researcher from drawing conclusions about “the Ugandan coffee market” and “the majority of coffee grown in Uganda” from unrepresentative data (Hill 2010, 455, 438). The fact that the UNHS specifically excluded larger scale coffee farmers in Uganda from the survey is another important reason for caution in extrapolating its results to the coffee market as a whole (Ssekiboobo 2008, 7).

11. The broader political relevance of the sample is also questionable. The ERHS is not representative of the ethnic and religious composition of the rural Ethiopian population; for example, Oromos are under-represented (Kumar and Quisumbing 2012, 2). Further criticisms of World Bank-funded household surveys in other developing economies, focusing on their failure to provide a robust, transparent record of poverty incidence, has been provided by Walters, Marshall and Nixson (2012).

12. For site selection purposes, large-scale farms were defined as enterprises employing at least 75 wage workers; small-scale farms were defined as enterprises that are members of Fair Trade certified small-holder cooperatives, or as enterprises employing fewer than 75 workers. The Holeta site in Ethiopia was selected not only because it included small-scale flower farms, but also because it was the only area of floricultural production known to have experienced labour disputes and trade union interventions. After site selection these definitions were adjusted in line with sector and geographic norms.

13. A more detailed discussion of the selection of the 12 research sites (including maps), showing how contrastive exploration has been operationalised, can be found in Methodological Issues, FTEPR Discussion Paper No.1, “How to do (and how not to do) fieldwork on fair trade and rural poverty” on the project website www.ftepr.org.

14. Ethnographic work in two villages in northeast Ethiopia describes how local officials administering the Productive Safety Net Programme constructed lists of households so as to reserve the benefits of the programme for “the more affluent and economically potent households”, excluding “the poorest and chronically food-insecure households”, many of which depended on casual agricultural wage labour (Bishop and Hilhorst 2010).

15. For example, fieldwork in Kabale District in Uganda compared the official list of households maintained by one LC1 Chairman with a careful FTEPR village census (the LC1 is the lowest level of local council, usually a village or neighbourhood). The chairman’s list was found to be grossly inaccurate. There is also evidence, insufficiently discussed in the relevant survey documentation, that the lists of households at the kebele level in Ethiopia, which are regularly used as rural sampling frames, are also unreliable. For example, a choice has to be made between alternative lists of households held by the kebele chairman, local health extension workers or development agents; one or more of these lists may well have been amended by the survey team (IFPRI and EEPRI n.d.). It has been admitted that not all villages sampled in the Ethiopian Rural Household Surveys had good lists of registered households (Dercon and Hoddinott 2009, 7). A quantitative survey in the northeastern highlands of Ethiopia, backed up by careful qualitative work, indicated that official kebele lists usually excluded households that did not pay tax, as well as some single-person households and people belonging to “socially marginalised groups” (Sharp, Devereux, and Amare 2003, 36).

16. Epidemiologists have pioneered the use of these technologies for surveys in rural Africa; see for example Vanden Eng et al. (2007). FTEPR benefited from advice and training in the use of handheld computers (or personal digital assistants, PDAs) with GPS provided by Anja Terlouw and James Smedley of the Liverpool School of Tropical Medicine.

17. The census of RU’s in rural Ethiopia and Uganda was much less problematic than similar exercises listing unregistered urban populations in China with the aid of PDAs (Treiman et al. 2005, 13).
Depending on settlement density and topography, the FTEPR research teams might enumerate between 80 and 150 RUs a day in rural settings, while in the more urban settlements of Ziway the number could rise to more than 300 a day.

18. The software used for GPS navigation and the collection of GPS census data was CDCGPS2, developed by a team of researchers at the Centre for Disease Control (freely available at http://ftp.cdc.gov/pub/gpsc/). The digital questionnaires were designed and programmed using Syware Visual CE (http://www.syware.com/products/visual_ce.php).

19. In some smallholder coffee research subsites in Uganda, all of the RUs identified in the census, as opposed to a random selection of RUs, were revisited to obtain the expanded sampling frame of individuals. This strategy was adopted in research sites where export crop wage workers lived in scattered RUs interspersed with many other RUs containing no such workers. The aim was to ensure that the population list of individuals contained a sufficient number of the scattered wage workers so that a random sample drawn from the list of individuals was likely to capture respondents with and without relevant labour market experience.

20. The list of possible classifications of respondents varied across research sites. The electronic questionnaire included additional questions for some research sites, reflecting the type of variation that FTEPR hoped to achieve in the context of different crops and production conditions.

21. The site selection and sampling methods and GPS technology allow for a follow-up survey of a subsample of the original respondents. FTEPR research also involves qualitative research methods, including life histories of a small sample of those included in the initial survey. The advantages of “nesting” life histories within larger quantitative surveys are described in Schatz (2012) and in Sender, Oya and Cramer (2006).

22. At the other end of the scale, the largest and richest farmers in a rural area may also be excluded from lists of households or farm households because their farms are not defined as being operated by “households” (Choudhry 2008, 11) or simply because surveys of households usually exclude the top end of the wealth/income distribution (Székely and Hilgert 1999; Deaton 2001; Banerjee and Piketty 2003, 4). The domestic and farm servants living with and working for the rural rich are, therefore, also missing from rural household surveys.

23. Some implications of the failure to collect information on young, mobile rural people who are defined as ‘non-residents’ in conventional household surveys have been quantified using data from Burkina Faso. Their exclusion has a major influence on assessments of rural living standards (Akresh and Edmonds 2010). In Vietnam, assessments of rural and urban living standards have been shown to be unreliable for the same reasons (Pfau and Giang 2008).

24. The definition was designed to include the following four categories of linked individuals: (1) those who live permanently with the principal respondent and who share income and expenditure; (2) those who, even if not sharing residence on a regular basis, make significant economic contributions (in cash or in kind) to the expenses of the household/respondent; (3) those who, even if not sharing residence, regularly depend on economic contributions in cash or in kind from the respondent or others in the RU; and (4) those who, even if not resident at all in the same place as the respondent, either can be relied upon by the respondent, or receive contributions from the respondent.

25. Evidence from different disciplines “shows that the household as defined by survey statisticians may bear little resemblance to the social unit in which people live” (Randall, Coast, and Leone 2011, 217).

26. The innovative FTEPR questionnaire is available at www.ftepr.org.

References


Fieldwork on Fair Trade and rural poverty


